

National Health Insurance for Foreign Residents (*gaikokujin no kokumin kenkō hoken*)

National Health Insurance

In Japan, even those without Japanese citizenship are enrolled in health care insurance to make sure one can receive appropriate treatment in the case of an injury or sickness. Health care insurance is just one part of Japan's National Health Insurance, administered both at a prefectural and municipal level.

If you become injured or sick, you can receive medical treatment at only a third of the cost by presenting your health insurance card at any medical institution. ①

If you are a foreign resident registered to live in Kasama City for more than 3 months, are employed but not enrolled in your company's insurance plan, and are under the age of 75, you are required to enroll in National Health Insurance. Additionally, even if you are only qualified to reside in Japan for 3 months or less, if at any point you know that your stay will exceed 3 months, enrolling in National Health Insurance is required.

Once you are enrolled in National Health Insurance, you will have to pay National Health Insurance tax. ②

National Health Insurance Enrollment/Withdrawal Process

To enroll or withdraw, please bring with you your passport, your Residence Card (*zairyū kādo*) or Certificate of Alien Residence, and your personal seal (*inkan*).

<Enrollment>

When Procedures are Necessary	Required Documents
When you have moved to Kasama City	✓ Residence Card - or - Special Permanent Resident Certificate (Certificate of Alien Residence)
When leaving your company's insurance plan (<i>shakai hoken</i>)	✓ Certificate of Loss of Qualification for Health Insurance - or - Resignation Certificate
When you have a child	✓ Health Insurance Card ✓ Mother and Child Health Handbook (<i>boshi kenkō techō</i>)

<Withdrawal>

When Procedures are Necessary	Required Documents
When moving out of Kasama City	✓ Health Insurance Card ✓ Residence Card - or - Special Permanent Resident Certificate (Certificate of Alien Residence)
When enrolling in another insurance plan	✓ Kasama City National Health Insurance Certificate ✓ Certificate from newly enrolled health insurance plan
When someone has passed away	✓ Health Insurance Card

After enrolling in National Health Insurance...

① Using Your Insurance Card

If you become injured or sick, you can receive medical treatment at only a third of the cost by presenting your health insurance card at any medical institution.

② Paying National Health Insurance Tax

Japan's National Health Insurance is a system designed around mutual support, and implemented to make sure every citizen has access to appropriate medical treatment in case of an injury or sickness. In other words, it is a program in which every resident pays premiums to reduce the individual burden of medical expenses. This system is funded by National Health Insurance tax, therefore those who are enrolled must make tax payments.

National Health Insurance tax is broken down into 3 parts as follows:

(1) "Health Care Tax" + (2) "Elderly Support Tax" + (3) "Nursing Care Tax"

= National Health Insurance Tax

National Health Insurance tax will be charged from the month that qualifications for enrollment are met. If your enrollment notification arrives late, you will be asked to pay the amount for the previous month.

The annual tax amount is divided up and collected from July through the following February (8 terms).

◆Please ensure you have a valid address that can receive mail.

Insurance notifications, invoices and other National Health Insurance information will be sent by mail addressed to the head of the household. Please make sure these documents are able to be delivered to your address.

Additionally, if you have trouble understanding any Japanese written on documents you receive, please contact the Kasama City Hall.

Contact Information

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