

Dear all residents of Ibaraki Prefecture

August 7th, 2020

New

Important Request from the Ibaraki Prefectural Government

(from August 7th~)

○We ask business owners to implement infection preventive measures that utilize guidelines for different establishments, and to register their business with “Ibaraki’s Amabie-chan” system.

【Guidelines for different establishments,】

<https://www.pref.ibaraki.jp/shokorodo/chusho/shogyo/2020korona/guideline.html>

【Regarding Ibaraki’s Amabie-chan】

<https://www.pref.ibaraki.jp/shokorodo/chusho/shogyo/2020koronatsuuchi/20200615.html>

○We ask prefectural residents to register themselves with “Ibaraki’s Amabie-chan” every time they visit an establishment that is registered with the system.

○Please refrain from visiting establishments such as live music clubs and karaoke places where infection clusters have occurred, or events where many people gather at establishments that are not registered with the “Ibaraki’s Amabie-chan” system.

○Please refrain from going to and staying in Tokyo unless it is truly necessary and urgent.

- Please ask your family or friends who live in Tokyo to refrain from visiting Ibaraki Prefecture unless it is truly necessary and urgent.

○High risk individuals such as senior citizens aged 70 and up, people with underlying conditions, as well as pregnant individuals should be very careful and take enough caution when going outdoors.

【Caution】

○Recently, COVID-19 has been spreading among karaoke places and restaurants where you can karaoke.

○If you visited the following establishments, please contact your local public health center.

1. People who visited karaoke places in Naka-shi or Tokai-mura between July 14th and July 29th.

※Please note that the names of these establishments are unknown.

2. People who visited the following karaoke places or izakaya bars where you listened to a singer between July 18th and July 31st.

(1) Karaoke place in Naka-shi

Shop's name: Karaoke Haru

Address of the shop: Naka-shi Tozaki 195

(2) Izakaya bar in Shirosato-machi

Izakaya's name: Shuko Mimura

Address of the izakaya: Shirosato-machi Ishitsuka 1381-2

“Public Health Offices” 9:00am-5:00pm(Weekdays)

- Chuo TEL:029-241-0100
- Hitachinaka TEL:029-265-5515
- Hitachi TEL:0294-22-4188
- Itako TEL:0299-66-2114
- Ryugasaki TEL:0297-62-2161
- Tsuchiura TEL:029-821-5342
- Tsukuba TEL:029-851-9287
- Chikusei TEL:0296-24-3911
- Koga TEL:0280-32-3021

○Please maintain the following new lifestyle practices listed below.

Concerning new lifestyle practices

We ask for everyone's cooperation in adopting practices of the "New Lifestyle" published by the government concerning the gradual restart of social economic activities

【Main Practices of the "New Lifestyle"】

1 Individual Basic Infection Preventive Measures

- ◆Stay at 2 meters (minimum 1 meter) from other people as much as possible.
- ◆Refrain from travelling to and from regions where the infection is expanding (Tokyo Metropolitan Area).

2 Basic Additional Everyday Lifestyle Practices

- ◆Frequently wash/disinfect hands

- ◆ Avoiding the 3 "C's"(Crowds, Close Contact, Closed Spaces)
In principle, please do not go to indoor activities or gatherings that have 10 or more people participating.

3 Lifestyle Practices at Different Establishments

- ◆Shopping ⇒ Use online shopping. When going to shop, go alone or with a small group of people.
- ◆Public Transport ⇒ Refrain from conversations and avoid them when crowded.
- ◆Sports ⇒ Use parks when they are vacant. Jog with a small number of people.
- ◆Restaurants ⇒ Takeout or delivery. Avoid big plates and go individual plates.
- ◆Ceremonial Establishments ⇒ Avoid celebrating with a large group of people.

4 New Workstyle

- ◆Telework or work on a rotational basis
 - ◆Stagger commuting hours
 - ◆Online meetings
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Important Request from the Ibaraki Prefectural Government (from July 31st~)

July 31th, 2020

○We ask business owners to implement infection preventive measures that utilize guidelines for different establishments, and to register their business with “Ibaraki’s Amabie-chan” system.

【Guidelines for different establishments,】

<https://www.pref.ibaraki.jp/shokorodo/chusho/shogyo/2020korona/guideline.html>

【Regarding Ibaraki’s Amabie-chan】

<https://www.pref.ibaraki.jp/shokorodo/chusho/shogyo/2020koronatsuuchi/20200615.html>

○We ask prefectural residents to register themselves with “Ibaraki’s Amabie-chan” every time they visit an establishment that is registered with the system.

○We also especially ask that you refrain from visiting establishments where infection clusters have occurred or establishments that hold large scale events without being registered with the “Ibaraki’s Amabie-chan” system.

※Establishments where infection clusters have occurred

Snack Bars, etc. / Live Music Establishments/ Karaoke Establishments /
Sports Clubs/ Theaters, etc. / Restaurants, etc.

○Please refrain from going to and staying in Tokyo unless it is truly necessary and urgent.

- Please ask your family or friends who live in Tokyo to refrain from visiting Ibaraki Prefecture unless it is truly necessary and urgent.
- When you commute to work or to school in Tokyo, please do your best to take infection preventive measures.
- If you have a fever or feel a sense of fatigue, do not hesitate to contact to “Public Health Offices” and ask them for the instructions on how to proceed.
- We would like to ask people who live in Tokyo to refrain from coming to and staying in Ibaraki Prefecture unless it is truly necessary and urgent.

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“Public Health Offices” 9:00am-5:00pm(Weekdays)

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- Koga TEL:0280-32-3021

○High risk individuals such as senior citizens aged 70 and up, people with underlying conditions, as well as pregnant individuals should be very careful and take enough caution when going outdoors.

July 20th, 2020

Important Request from the Ibaraki Prefectural Government (from July 20th~)

- Please refrain from going to and staying in Tokyo unless it is truly necessary and urgent.
- Please ask your family or friends who live in Tokyo to refrain from visiting Ibaraki Prefecture unless it is truly necessary and urgent.
 - When you commute to work or to school in Tokyo, please do your best to take infection preventive measures.
 - If you have a fever or feel a sense of fatigue, do not hesitate to contact to “Public Health Offices” and ask them for the instructions on how to proceed.
 - We would like to ask people who live in Tokyo to refrain from coming to and staying in Ibaraki Prefecture unless it is truly necessary and urgent.
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July 3rd, 2020

Important Request from the Ibaraki Prefectural Government (from July 3rd~)

- Please be very careful when traveling or staying over in Tokyo Prefecture.
(Caution is very necessary as it is highly possible that 60% of the new infection cases since June 20th were contracted at dining parties, and other events held in Tokyo)
- High risk individuals such as senior citizens aged 70 and up, people with underlying conditions, as well as pregnant individuals should be very careful and take enough caution when going outdoors.

June 5th, 2020

Important Request from the Ibaraki Prefectural Government (from June 8th~)

- Ibaraki residents are now allowed to travel to other prefectures.
- Until June 18th, please be very careful when travelling unnecessarily to Tokyo, Chiba, Saitama, Kanagawa and Hokkaido.
- ※If you must travel to these different locations, please avoid crowds, thoroughly carry out basic infection prevention measures and supervise your health.
- Please maintain the following new lifestyle practices listed below.

June 1st, 2020

Important Request from the Ibaraki Prefectural Government (from May 25th~)

- Ibaraki residents are now allowed to travel to other prefectures.
 - However, please refrain from traveling to Tokyo, regions in close proximity to Tokyo and Hokkaido unless absolutely necessary.
 - If you are either older than 70 years old, have fallen ill, currently pregnant or recently gave birth, please refrain from going outside.
 - Please maintain the following new lifestyle practices listed below.
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May 25th, 2020

Important Request from the Ibaraki Prefectural Government (from May 25th~)

- The restraint request of going outside at night and during the daytime on weekdays and weekends for Ibaraki residents has been lifted. However, please refrain from traveling outside the prefecture unless absolutely necessary.
- Especially, please refrain from going to Tokyo or areas near Tokyo if it is not necessary.
- If you are either older than 70 years old, have fallen ill, currently pregnant or recently gave birth, please refrain from going outside.
- Please maintain the following new lifestyle practices listed below.

May 22th, 2020

Important Request from the Ibaraki Prefectural Government (from May 25th~)

- The restraint request of going outside at night and during the daytime on weekdays and weekends for Ibaraki residents has been lifted.
- However, we ask that Ibaraki residents continue to refrain from going to Tokyo, Chiba, Saitama, Kanagawa and Hokkaido unless absolutely necessary.
- If you are either older than 70 years old, have fallen ill, currently pregnant or recently gave birth, please refrain from going outside.
- Please maintain the following new lifestyle practices listed below.

May 15th, 2020

Important Request from the Ibaraki Prefectural Government (May 18th~)

- Please refrain from going out at night when it is not necessary.
- If you are either older than 70 years old, have fallen ill, currently pregnant or recently gave birth, please refrain from going outside.
- Please refrain from going to Tokyo or areas near Tokyo if it is not necessary.

To protect yourself and the community from COVID-19, we ask you to do the following:

- Do not go to places that have inefficient air-circulation
 - Keep a distance when talking to other people
 - Avoid going to crowded places
 - In principle, please do not go to indoor activities or gatherings that have 10 or more people participating.
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May 5th, 2020

Important Request from the Ibaraki Prefectural Government

- For residents of all regions in Ibaraki Prefecture, the prefecture requests your cooperation in the prevention of the spread of COVID-19. You are advised to refrain from going out for non-essential purposes, affective till May 17th.
- Please refrain from going to work and to school as much as possible.

To protect yourself and the community from COVID-19, we ask you to do the following:

- Do not go to places that have inefficient air-circulation
- Keep a distance when talking to other people
- Avoid going to crowded places
 - In principle, please do not go to indoor activities or gatherings that have 10 or more people participating.