

When You Become Pregnant

Mother and Child Health Handbook

When you become pregnant, please register for a Mother and Child Health Handbook (*boshi kenkou techou*). The Maternal and Child Health Handbook is issued at each health center as a health record of pregnancy, childbirth and childcare, and as a guide for daily life and childcare. Please bring your “My Number” Notification Card when you submit a pregnancy notification to receive a Maternal and Child Health Handbook. We also give a father and son health handbook to those who become fathers for the first time.

Contact

Tomobe Health Center 0296-77-9145

Kasama Health Center 0296-72-7711

Iwama Health Center 0299-45-7888

“Mirai” Childcare Support Center

The “Mirai” Childcare Support Center is a general information desk for parents and guardians. Specifically, we support child-rearing according to the needs of mothers and fathers by providing consultation on pregnancy, childbirth, and child-rearing, and other services.

If you are worried about pregnancy, childbirth, or child rearing, please contact us.

Contact

“Mirai” Childcare Support Center (In the Tomobe Health Center)

Phone 0296-78-3155

Kasama City Health Promotion Division (In the Tomobe Health Center)

Phone 0296-77-9145

Prenatal Health Examination Aid

You may receive aid benefits that reduce the financial burden of medical fees regarding pregnancy and childbirth, when you receive a Mother and Child Health Handbook (*boshi kenkou techou*).

Contact

Tomobe Health Center 0296-77-9145

Kasama Health Center 0296-72-7711

Iwama Health Center 0299-45-7888

Support for Expectant and Nursing Mothers

Public health nurses visit the home to provide counseling and support so that pregnant and nursing mothers who are concerned about their child care and health can safely give birth and raise children.

Contact

Tomobe Health Center 0296-77-9145

Kasama Health Center 0296-72-7711

Iwama Health Center 0299-45-7888

Maternity Class

We provide opportunities to make friends while learning about pregnancy, childbirth and childcare.

Contact

Tomobe Health Center 0296-77-9145

Fertility Treatment Aid Program

Kasama City subsidizes part of the cost to reduce the financial and psychological burden of couples undergoing infertility treatment.

Applicable Treatments

In vitro fertilization, microinsemination (uninsured treatment)

Financial Aid

1. Up to ¥100,000 per treatment, or the amount of the treatment.
2. Depending on the age at the start of treatment, the total number of times you can receive assistance is as follows.
 - If the woman is 39 years old or younger on the first day of treatment, the total number of times you may receive aid is limited to 6.
*However, there are no restrictions on the number of subsidies per year or the total period of subsidies.
 - If the woman is between the ages of 40 and 42 on the first day of treatment, the total number of times you may receive aid is limited to 3.
*However, there are no restrictions on the number of subsidies per year or the total period of subsidies.
 - Treatment started at the age of 43 or older is not eligible for the aid.

Note 1) If you are certified as an assistant for the first time by the age of 39, the total number of times you have been certified as an assistant will remain 6 times even if you are over 40.

Note 2) Even if the total number of times of assistance is less than the upper limit, treatment started at the age of 43 or older is not eligible for assistance.

Note 3) Since the number of subsidies in the past will not be reset and will be added up, the upper limit of the total number of subsidies has already been reached by FY 2018.

Male Fertility Treatment Aid

Kasama City subsidizes part of the treatment costs for couples who have received in vitro fertilization and microinsemination (Maximum amount of ¥100,000). Depending on the conditions, an additional ¥50,000 (maximum amount) is provided.

Contact

Tomobe Health Center 0296-77-9145

Medical Welfare Payment System “Marufuku”

The Medical Welfare Payment System “Marufuku” is a system to subsidize part of the medical expenses for expectant and nursing mothers who have health insurance. (There is an income limit.) *See Health Insurance Section for more information.

Contact

Kasama City Hall

Main Office

Health Insurance and Pension Division (*hoken nenkin ka*)

Kasama/Iwama Branch Office

Citizen Service Division (*shimin madoguchi ka*)