

# Nursing Care Insurance (*kaigo hoken*)

The Nursing Care Insurance is a health care benefit system based on the principle of public solidarity that provides benefits and services to enable elderly people who need some kind of assistance in bathing, restroom, meals, etc., or who need functional training, nursing, or other medical care to maintain dignity and live independent daily lives according to their abilities, due to diseases that arise from mental and physical changes as they get older.

Everyone above the age of 40 must enroll in the Nursing Care Insurance system. To receive benefits and assistance from this system, you must be over 65 years old, and be evaluated and recognized as in need of Nursing Care. However, if you are between 40-60 years old, you may still receive service if you are evaluated as in need of Nursing Care due to special medical conditions.

## Contact

Kasama City Hall Main Office

Elderly (Senior) Welfare Division (*kourei fukushi ka*)

Kasama/Iwama Branch Office

Welfare Division (*fukushi ka*)

## Nursing Care Insurance Payment for people aged 40 to 64

People between the ages of 40 and 64 (Category 2 Insured Persons) must pay premiums in conjunction with their medical insurance. For details such as insurance premium rate, please ask your medical insurance company.

## Nursing Care Insurance Payments for people aged 65 or older

The contribution amount (Nursing Care Tax) for persons aged 65 or older (Primary Insured Person) are calculated based on your income.

## Nursing Care Insurance Tax

The insurance premium is determined according to the previous year's income. The due date is 6 times a year, on even numbered months. In the case of ordinary collection, the amount is provisionally calculated for the 1st term (Due date: end of April) and the 2nd term (Due date: end of June). The amount for 1 year is determined in August, and the amount is adjusted by the due date after the 3rd period (August).

In the case of special collection, the amount is provisionally calculated in April, June, and August, and after the annual amount is determined, it is adjusted by deduction in October, December, and February.